Bromley, Lewisham and Greenwich Mind (BLG Mind) has been commissioned by the NHS to lead on a project which will require in depth research into why women in South East London may not access perinatal mental health services (services for pregnant women and women with children up to the age of 2).

The area being focussed on comprises the following boroughs: Bexley, Bromley, Greenwich, Lambeth, Lewisham and Southwark.

This project will have five phases:

## Desk based research phase (4 weeks)

This phase of work is currently underway and during this period the following information is being gathered which will then be shared with engagement specialists/organisations employed to carry out the work detailed in stages 2-5:

* an appraisal of existing data, reports and information
* gaining an understanding of the demographics of each borough
* mapping out existing perinatal services, third sector groups and other stakeholders to involve in the project
* planning consultation methods
* listing key places from which to consult

## Engagement and outreach phase (4 weeks)

* obtaining feedback through a variety of engagement techniques including but not limited to questionnaires (digital and hard copy); one to one interviews; focus groups and attendance at existing groups and fora
* meeting with key stakeholders and organisations to ensure that the engagement is comprehensive and reflective of the area being focussed on

## Consolidation meetings and collation of findings (2 weeks)

* all engagement specialists will be joined together to share learning and best practise
* findings will be collated and organised in a pre-determined format to ensure consistency across the 6 boroughs, also enabling the findings to be combined to form an understanding of the NHS STP area in its entirety

## Presentation of findings (1 week)

* findings will be presented to a pre-determined audience who will have the opportunity to input and comment

## Production of reports (2 weeks)

* reports detailing the findings and recommendations for the future will be produced for each area and for the South East London STP

We are looking for organisations and individuals with experience in community engagement and /or development across the six boroughs who may be interested in carrying out some of this work. Please note that you must be available to carry out the work detailed in stages 2-5 between March and June with final reports ready for submission by mid-June. As an approximate guide, interested parties should be able to offer a minimum of three days per week over a 9-week period between March and June in order to carry out this work, collate findings and produce a meaningful report with recommendations that can then be used by the NHS in the future for service planning.

If you are interested in pitching for this work, please contact the project lead Charlotte Fletcher, Head of Development at BLG Mind for more information **by Friday 7th February**.

Contact details:

[charlotte.fletcher@blgmind.org.uk](mailto:charlotte.fletcher@blgmind.org.uk) Telephone: 07845 054999 or 0203 328 0364